

The **Applied Behavior Analysis (ABA)** at The Children's Institute of Pittsburgh provides comprehensive and holistic services for children with autism and related disorders between the ages of 18 months to 21 years old. We provide individual and group ABA services in a clinic setting. Parent training is a key part of our program and can occur in person in the clinic or via telehealth. The ABA program collaborates directly with in-house speech, occupational therapy, physical therapy, behavioral health, and nutrition/feeding programs where appropriate.

## ***What is ABA?***

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Applied Behavior Analysis (ABA) is the science of behavior and learning that focuses on decreasing problematic behaviors while increasing the skills needed to engage more fully in the environment, including communication, social skills, and attention. ABA is clinically proven as an effective treatment for individuals with autism and related disorders.

Our ABA therapist team works closely with parents and caregivers, the family's medical provider, therapists, and school district to provide a collaborative approach and optimal continuity of care.

Coupled with insights from parents, our experts develop individualized goals that focus on areas such as improved language and communication, social/play skills, and independent living skills, all within the least restrictive environment possible.

## ***What makes our program unique?***

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**Integration** - Our ABA program includes a collaborative approach and brings multiple services under one roof, including speech and language therapy, occupational therapy, physical therapy, behavioral health, and nutrition/feeding where appropriate.

**Training** - A robust parent training program teaches family behavioral techniques and principles to ensure continuity from the center to the home.

**Expertise** - Highly trained, master's level Board Certified Behavior Analysts (BCBAs) oversee all treatments to help children prosper and grow. There is no better partner than The Children's Institute - our passionate team members have been serving children with special needs since 1902.

***Please note, a behavioral health diagnosis and written order is required to receive ABA services.  
If you have questions about your child's eligibility or how to obtain a diagnosis, call 412.420.2400.***

***For more information about the ABA Program,  
please contact the ABA Program Specialist at 412.420.2371.***